

#1 NEW YORK TIMES BESTSELLER FEEDING THE SOUL

(because it's my business)

DECEMBER 2023

FINDING OUR WAY TO JOY, LOVE, AND FREEDOM

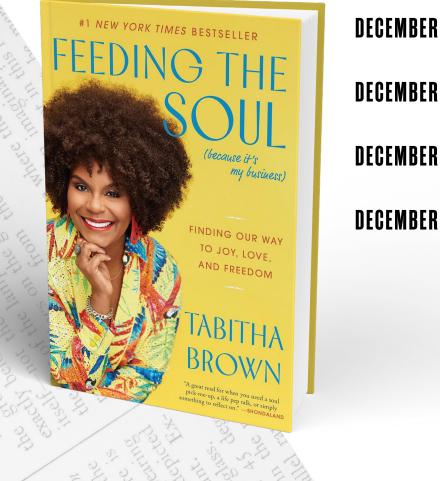
TABITHA BROWN

"A great read for when you need a soul pick-me-up, a life pep talk, or simply something to reflect on." —SHONDALAND

FEEDING THE SOUL by tabitha brown







DECEMBER 1-8:	PARTS 1&2
DECEMBER 9-16:	PART 3
DECEMBER 17-24:	PART 4
DECEMBER 25-31:	PART 5

This book is a hug. A cozy blanket. The furry foot socks on a crisp autumn morning. It's full of stories and real-life, relatable moments that remind us how life can be hard, what it looks like to be restored and how to walk the journey with grace, truth and abounding love. Oh, and you get to learn how to un-tuna, too.

Sarah Jakes Ropertz

