





GROW WITH GOALS

BY JILL HELLWIC







JANUARY 1-8: CHAPTERS 1-3

JANUARY 9-16: CHAPTERS 4-6

JANUARY 17-24: CHAPTERS 7-9

JANUARY 25-31: CHAPTER 10

An action plan and a guidebook to help you get 'it' out of your head and into motion --that's what this month's activity book is! Only you know what your 'it' is, and we hope that you'll embrace the full power of the new year and a freshly turned page to go get what's yours. You got this.

Sarah Jakes Roperty

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