

New York Times Bestselling Author

Jamie Kern Lima

WORTHY

How to Believe You Are Enough and Transform Your Life

> Simple Steps, Life-Changing Results

BY JAMIE KERN LIMA

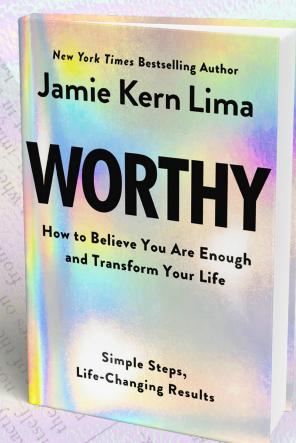
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READING PLAN



MARCH 1-8: P

PART 1,

CHAPTERS 1-4

MARCH 9-16:

PART 2.

CHAPTERS 5-13

MARCH 17-24:

PART 3.

CHAPTERS 14-19

MARCH 25-29:

PART 4.

CHAPTERS 20-END

Jamie is the one, not the two for what she did with this book. She's taken a really necessary conversation and made it impossible NOT to understand. The conversation she's welcoming us to is not easy to feel, but most needed for us to know at a soul level. It's gon' get you together reallill good.

Sarah Jakes Roperts

WORTHY: HOW TO BELIEVE YOU ARE ENOUGH AND TRANSFORM YOUR LIFE BY NANCY JOHNSON