

Woman
EVOLVE

BKCLB

JUNE 2024

RECIPES



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SOMETHING GOOD...TO EAT

INGREDIENTS

- 1 box chocolate Jell-O Pudding Mix
- 1 Dream Whip Packet
- 1 tsp vanilla extract
- 2 1/2 cups of milk
- 1 package of Oreo or chocolate chip cookies
- 4 clear plastic or glass cups

INSTRUCTIONS:

1. Put bowl and beater that will be used for Dream Whip in the freezer to chill.
2. Put 2 cups of milk in a saucepan on medium heat. Stir in pudding mix. Bring to a boil while continually stirring for 2 minutes.
3. Pour pudding into a bowl, put plastic over the bowl. Place in refrigerator to cool for 5 minutes.
4. Take the bowl and beater out of the freezer. Add 1/2 cup of cold milk and 1/2 tsp vanilla to the bowl. Blend in one packet of Dream Whip Dessert Topping Mix.
5. Whip at highest speed of electric mixer until topping forms peaks. About 2 minutes. Continue beating 2 more minutes until topping is light and fluffy.
6. Open packet of cookies. Chop cookies into crumble pieces.
7. Take pudding out of refrigerator.
8. Put half of the crumbled cookies in the bottom of the cup. Add 2 heaping tablespoons of pudding. Then add 2 tablespoons of Dream Whip.
9. Repeat until cup is full. ENJOY!